

2019 March Lunch Menu

International Christian School

(Mon)	(Tue)	(Wed)	(Tue)	3/1(Fri)
				
4	5	6	7	8
<ul style="list-style-type: none"> •Chop Steak •Rice •Pasta/Salad/Fruit 	<ul style="list-style-type: none"> •Mixed Rice •Budaejjigae •Stir Fried Pork/Chinese Bun •Broccoli •Salad/Fruit 	<ul style="list-style-type: none"> •Tortilla •Cheese Sticks •Pasta/Salad/Fruit 	<ul style="list-style-type: none"> •Rice •Miso Soup •Seasoned Chicken with Veggies •Seasoned Bean Sprouts •Salad/Fruit 	<ul style="list-style-type: none"> •Taco Salad •Chips/ Salsa Sauce •Dessert •Pasta/Salad/Fruit
11	12	13	14	15
<ul style="list-style-type: none"> •Fish Cutlet •Bread •Dessert •Salad/Fruit 	<ul style="list-style-type: none"> •Mixed Rice •Seaweed Soup •Marinated Grilled Beef •Salad/Fruit 	<ul style="list-style-type: none"> •Ham & Egg Sandwich •Dessert •Pasta/Salad/Fruit 	<ul style="list-style-type: none"> •Rice •Potato Sujebi •Stir Fried Pork and Veggies •Salad/Fruit 	<ul style="list-style-type: none"> •Chicken Mayo Mixed Rice •Miso Soup •Salad/Fruit
18	19	20	21	22
<ul style="list-style-type: none"> •Rose Pasta •Garlic Bread •Salad/Fruit 	<ul style="list-style-type: none"> •Rice •Miso Soup •Duck Meat •Vegetables •Salad/Fruit 	<ul style="list-style-type: none"> •Stir Fried Meat Balls and Veggies •Rice •Dessert •Pasta/Salad/Fruit 	<ul style="list-style-type: none"> •Bibimbab •Egg Soup •Dessert •Salad/Fruit 	Half Day
25	26	27	28	29
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break

♣ The above meals are subject to change based on the price fluctuation.

♣ Students who are allergic to certain food(example: milk, egg, peach, tomato, mackerel, shrimp, peanut), please notify their teacher or nutritionist in advance.

♣ Fresh salad will be served with every meal. Dressing is served daily in different flavors.

♣ ICSU does not use MSG in order to strive for safe and hygienic meals.

♣ Mondays/Wednesdays/Fridays – Western/ Fusion style

Tuesday and Thursdays – Korean style