

2019 January Lunch Menu

(MON)	1(TUE)	2(WED)	3(THUR)	4(FRI)
				
7	8	9	10	11
<ul style="list-style-type: none"> •Chicken Cutlet •Morning Roll •Cream Soup •Salad/ Fruit 	<ul style="list-style-type: none"> •Rice •Bean Sprout Soup •Duck Meat •Kimchi •Salad/ Fruit 	<ul style="list-style-type: none"> •Stir Fried Vegetables & Meat Balls •Morning Roll •Vegetable Soup •Pasta/Salad/ Fruit 	<ul style="list-style-type: none"> • Mixed Rice • Potato Noodle Soup •Steamed Pork Galbi •Salad/ Fruit 	<ul style="list-style-type: none"> •Cream Pasta •Garlic Bread •Desert •Salad/ Fruit
14	15	16	17	18
<ul style="list-style-type: none"> •Chop Steak •Rice •Kimchi •Salad/ Fruit 	<ul style="list-style-type: none"> •Bibimbab •Egg Fry •Miso Soup •Desert •Salad/ Fruit 	<ul style="list-style-type: none"> •Chicken Salad •Croissant •Desert •Pasta/Salad/ Fruit 	<ul style="list-style-type: none"> • Mixed Rice •Budaejjigae •Chicken Terriyaki •Salad/ Fruit 	<ul style="list-style-type: none"> •Hamburger • Cheese Stick •Pasta/Salad/ Fruit
21	22	23	24	25
<ul style="list-style-type: none"> •Chicken Mayo Mixed Rice •Miso Soup •Salad/ Fruit 	<ul style="list-style-type: none"> •Noodles •Dumplings •Kimchi •Salad/ Fruit 	<ul style="list-style-type: none"> •Fried Rice •Miso Soup •Radish Kimchi •Desert •Salad/ Fruit 	<ul style="list-style-type: none"> • Mixed Rice •Stir Fried Pork & Vegetables •Seaweed Soup •Lettuce/ Veggie Sticks •Salad/ Fruit 	<ul style="list-style-type: none"> •Cheese Macaroni •Stir Fried Vegetables& Sausage •Salad/ Fruit
28	29	30	31	
<ul style="list-style-type: none"> •Fish Cutlet • Morning Roll •Cream Soup/Crouton •Pasta/Salad/ Fruit 	<ul style="list-style-type: none"> •Mixed Rice •Beef Soup •Korean Meat Balls •Stir Fried Kimchi/Tofu •Salad/ Fruit 	<ul style="list-style-type: none"> •Tortilla •French Fries •Pasta/Salad/ Fruit 	<ul style="list-style-type: none"> • Rice •Ja Jang Sauce •Sweet & Sour Pork •Kimchi •Salad/ Fruit 	

- ♣ The above meals are subject to change based on the price fluctuation.
- ♣ Students who are allergic to certain foods(example: milk, egg, peach, tomato, mackerel, shrimp, peanut), please notify their teacher or nutritionist in advance.
- ♣ Fresh salad will be served with every meal. Dressing is served daily in different flavors.
- ♣ ICSU does not use MSG in order to strive for safe and hygienic meals.
- ♣ Mondays/Wednesdays/Fridays – Western style
Tuesday and Thursdays – Korean style