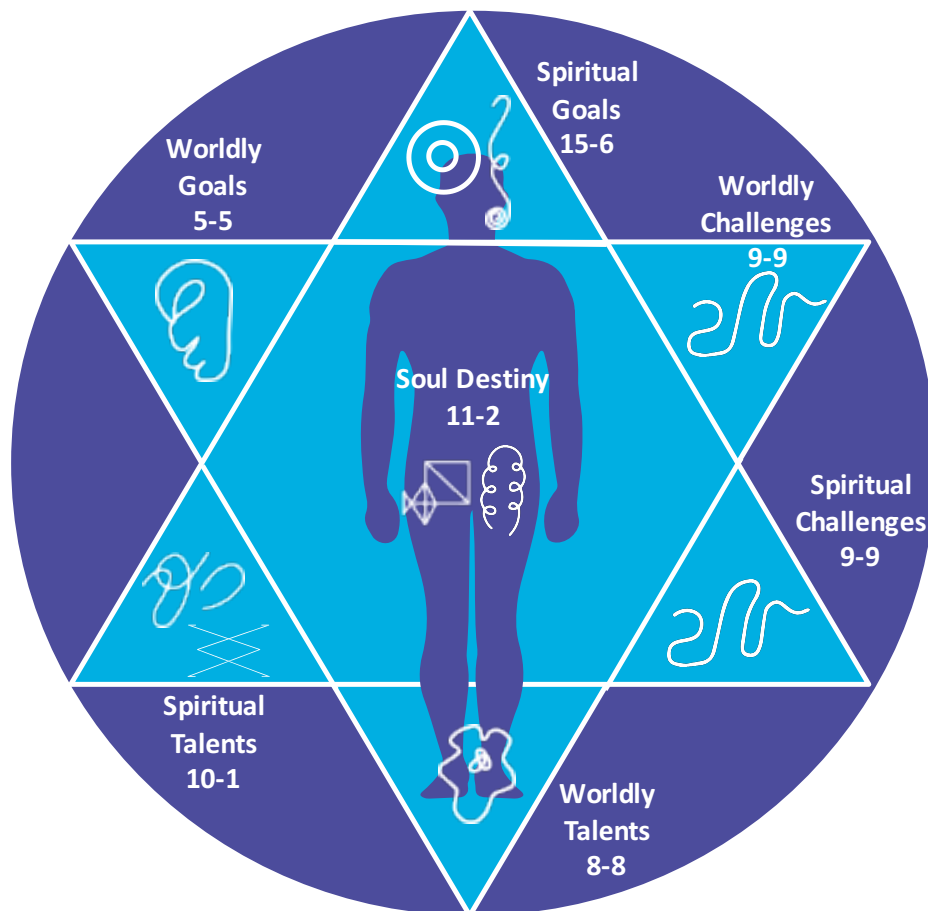


Soul Plan for First Middle Surname



Background

Soul Plan Reading has its roots in the ancient Hebrew gematria. In the second half of the last century a new set of interpretations under the title 'Numerology of Moses' were channelled by the visionary Frank Alper (author of Discovering Atlantis).

In this present format Blue Marsden founder of the Holistic Healing College has extended on the original, added new interpretations, added some elements of numerology and channelled additional material. This is presented with where possible a non dualistic, more androgynous and modern orientation relevant to the 21st century and our current time.

Although up to this point this work is little known it is believed that the core information and system has returned to the planet at this time to help in the energetic transition many are experiencing. It is hoped that many more people will now have their Soul Plan activated, become aligned with their Soul purpose and gain a greater sense of beingness and life satisfaction. Included in a full reading and activation with a Soul Plan Reader is a clearing of many redundant issues, trauma patterning and limiting beliefs. Through the universal law of grace there are many old patterns we can choose to let go of at this time.

Worldly Challenges

9-9



Hebrew Letter: Tet

Celestial Body: Leo

Body gate/organ: Left Kidney

Quality: Hearing

Note: This is a double number and expressed as a pair 9-9 (also paired with 18 to form 18-9).

People embodying the 9-9s energy are usually very strong and stable. They have a very deep self-belief, and this energy in it's positive can supersede any self-worth issues.

Sometimes referred to as snake or dragon energy, Its essence is around connectedness, power, resistance and protection. Those who embody this energy are usually 'plugged in' to their soul essence, they also benefit from a sense of protection, and a feeling of being watched over. If the energy gets blocked, it can become physically demanding. So, where possible, keep strong, balanced and physically active to help it flow and avoid stagnation.

This energy is one of the catalytic energies and can accelerate growth and learning in oneself or others. This may be uncomfortable at times yet usually leads to a better quality of life.

9-9s not involved in healing or spiritual work and can have a very strong connection to the creative life force and can bring through what ever is needed to serve others.

Attributes working in the positive

Peacemaker	Catalyst	Stable	Protected
Channel	Healer	Organised	Clairaudient

Potential negative attributes

Reluctance to claim power	Misuse of power	Blockage of power	Victim mentality
Kidney Issues - not filtering own truth	Overly dramatic	Giving away power	Asks others
Don't trust own channel (seeks others wisdom)		Controlling	Spiritual Disconnection

Potential Limiting Beliefs

Other people have the answers	I have no power	I can't trust myself	I need drama to feel alive
I need to cause trouble to get noticed	I hate myself	People are out to get me	

Challenges enable one to fully learn the negative aspects of the energy so you can more fully understand the positives.

This Challenge usually involves being disempowered in some way and experiencing some resistance to fully trusting and connecting with one's own spiritual essence and intuition. Many working this challenge experience themselves as weak or blocked. They can have a lot of fears and a sense of being vulnerable. On the other hand this challenge can provide connection to one's energetic force but can lead to a misuse of this energy through inappropriate control and manipulation of others. For example, in a worldly sense they may try to control others by using knowledge or, in worst-case scenarios, could be involved in racketeering or crimes that involve controlling or exploiting others.

The spiritual arena, is full of disempowered people, looking for answers, who are working this Challenge and this is a common way it plays out. However, there are also those who are willing to exploit them who are ironically also working another aspect of this same Challenge.

With some, their inner self loathing could lead to situations where they externalise that feeling into manipulation and abuse of others. For others this challenge is mild, and could be about feeling connected and learning to fully trust their intuition, balance their power and using it in service.

Those really working this energy can find themselves in situations of abuse or some form of disempowerment when young, which sets up a situation of having their power blocked or feeling a reluctance to claim their power. So it might be they've had their power taken away, experienced abuse or excessive control from a dominating character in early life. This theme of having power usurped or otherwise giving it away will continue until they learn to claim it back.

As the pendulum of claiming one's power swings the other way, it might be necessary to watch that, after having experienced disempowerment or abuse, and then managing to reclaim access to power, it does not become distorted and misused (as one overcorrects or sets up strategies to never fall victim again. In such cases, the lesson is to establish proper and balanced use of power.

If left un-tackled, there may be destructive, abusing and controlling behaviours towards others or the destructive force is turned inwards leading to self-destructive behaviour (e.g. substance abuse, self harm and putting oneself in danger).

Other Challenges can relate to not trusting their own channel and getting hooked into guru-style relationships – another form of giving one's power away. Many therapy junkies and those who constantly consult psychics or mediums are experiencing a similar issue. Rather than using these 'spiritual guides' as a support in times of difficulty or a guide to growth, they are relying on someone else's channel (subjugating their own connection) and they have to learn to claim back their power. By seeking others' opinions constantly, they sabotage and stunt the growth of their potential for wonderful intuition and connection.

In a similar vein some people who work in the psychic branch of spirituality and who hold the 9-9s in any position may rely on substances to 'open up' or 'close down'. This is another form of given one's power away, and should ideally be addressed, of as you learn you have access to everything you need.

This energy is powerful and cannot be controlled by personality. It is infinitely greater than personality. Any attempts to harness this connection for purposes of misuse or control ultimately fails.

It takes time to stabilise and ground spiritual energies. There can be a tendency towards drama and pride for some learning to do so. Some can manifest one drama after another...

It's good to note that, this energy can be physically demanding - and can feel like one is being energetically 'switched on' a lot of the time. So practice 'tuning in' and 'closing down' to avoid becoming too sensitive to the forces and energies around you. It is wise to keep physically strong, strengthen your constitution and learn how to ground yourself.

Furthermore, until it is worked through, some people holding the 9-9s in the position of a Challenge are more prone to experiencing the energy in a distorted form. This can lead to self-destructive and self-abusive behaviour, which may negatively impact their health.

The left kidney (a filtering organ) is the assigned organ. So check regularly that you are filtering your own truth or listening to the advice of others and/or whether you are using your energies for a correct purpose. Energies filtered for misuse (e.g. control) have a jarring effect that ultimately is more depleting.

With such a strong push towards manifesting soul level desires the tendency to do too much and the intensity is difficult to temper. This also links into the role of the kidneys, which affect vitality and constitutional force. Overdoing things can throw the kidneys out of balance and cause burnout and related fatigue conditions. Yet holding back for fear can cause stagnation and blockages of this strong force. So finding a balance is important though not always easy.

Hearing is the quality assigned and sometimes hearing difficulties can occur. In this case, the psychological component again indicates listening too much to others instead of their inner voice or otherwise not listening to their soul (not trusting their intuition).

When you connect with the 9-9s there is indeed great potential to achieve whatever is important to you. Those with 9-9s are creative and extremely able people. With this level of connection and ability many fields are open to them. As they have such a strong self-belief when they see others doing something that appeals to them, they know it is likely they could do the same. 'I could do that' they think and this becomes self-fulfilling.

Typical 9-9 career vocations range from business entrepreneurs, singer-songwriters (due to channelling ability), lawyers and martial arts practitioners. There are also many artists who use the connection in creative endeavours. Other jobs that require the peacemaking and stabilising qualities of these energies include working as conflict negotiators or facilitators who can go into a crisis situation and mediate between the parties involved.

In the positive 9-9s are peace loving, very stable and secure human beings. They can defuse disruptive situations and have a security and inner belief that ensure things work well. They have an innate and spiritual presence, even if not involved in a spiritual field. Over time their catalytic energy can often initiate the best (strengthen Talents) in a partner. Even though some 9-9s can be quite gentle people, their energy is catalytic and penetrating. This can be a positive thing in the sense that they will tend to create shifts in their partner; however, it can also be experienced as quite intense.

See Page 11 for advice on overcoming 9-9 challenges

Worldly Talents

8-8



Hebrew Letter: Chet

Celestial Body: Cancer

Body gate/organ: Right hand

Quality: Sight

Note: This is a double number and expressed as a pair 8-8 (also paired with 17 to form 17-8)

8-8s tend to be able to manoeuvre very competently in the world and society. This is the strongest earth vibration that literally connects us all to the Earth and allows us to relate to the planet and the activities of everyday 'life' in society.

This energy expresses the human potential for bringing the spiritual into the physical world. Many people holding the 8-8 energy (particularly in the spiritual part of their chart) will have an innate connection to and resonance with a plane beyond physical limitation.

One gift of this energy is a deep insight into people and situations. In it's positive, those holding this vibration will be nurturing and sensitive and will often possess a high degree of emotional intelligence (latent or manifest depending on what energies are in Challenges)..

Attributes working in the positive

Adaptability to Society	Sensitive	Emotional Intelligence	Clairvoyant (sees into people)
Can change energy to relate to anyone		Grounding	Nurturing

Potential negative attributes

Highly ungrounded	Stuck in head	Resistance to being here	Over Analytical
Have challenges letting go	Escapist	Preoccupied with past	Matyr tendency
Over involved in others world problems	Psychic Cords	right hand issues - hand not extended to engage	

With their connection to the Earth and society embodied 8-8s have a great deal of scope for using their Talents. Worldly 8-8s tend to take these qualities into mainstream society. They can usually adapt to the skill sets required in a modern setting. Likely, too, is that it will be relatively easy for them to work in a variety of roles in society. There is an enormous potential for success and achievement if they so choose.

8-8's typically get out into the world and manoeuvre very competently in society. They have a deep insight into people and situations. This is because 8-8 energies are associated with the star sign cancer, thus in the positive those holding this vibration will be nurturing and sensitive and will often possess a high degree of emotional intelligence (latent or manifest depending on what energies they are dealing with in Challenges). This inherent emotional intelligence has been undervalued in society up until now, however, new ways of relating and leading in business are becoming increasingly accepted, and this level of sensitivity will gain greater recognition and bring even greater success.

However, sometimes this energy can take a more humanitarian direction particularly if it turns up in the Spiritual aspects of the chart. This affords 8-8s a strong spiritual and earth connection that can be used to bridge spiritual energy into society. In such cases, those who activate this energy may discover clairvoyant abilities. They will be able to read energies or see very deeply into people, situations and events.

In its positive, 8-8 can be the energy of emotional intelligence and understanding. They can truly relate to their partner, understand them and even help mould and entrain both parties into a harmonious union – physically and emotionally. They can also have a grounding quality, are extremely nurturing and will help to keep things 'real'.

Those embodying the Spiritual Talent may also benefit from the same ease in negotiating in the everyday world but only as much as it serves their more spiritual purpose. They usually have less ambition to achieve conventional success and feel more inclined to utilise their abilities to foster the spread of spiritual energy or values in society. The ability to change and adapt their energy is heightened in this position as they change (shape shift) their energy/frequency to relate to whomever they are dealing with.

An 8-8 is also very useful when the rest of the chart is very focused on spirituality and service. The 8-8 will help balance and earth the high frequencies coming in and this can often be working well for those who hold this energy in the Spiritual Talents, Goals or Soul Destiny.

Worldly Goals

5-5



Hebrew Letter: Heh

Quality: Speech

Celestial Body: Aries

Note: This is a double number and expressed as a pair 5-5 (also paired with 14 to form 14-5)

Body gate/organ: Right Foot

People embodying the 5-5 energy in a positive sense are generally open-minded, open to spiritual growth and highly intuitive. They are bold by nature and can be pioneering and adventurous. They can effortlessly attune to abstract ideas in either the creative and / or spiritual arenas.

These free spirits may well like to travel or at least be on the go much of the time. As long as they are not held back by a heavy Challenge energy they will generally not hesitate in taking opportunities in life. Their courageous streak extends to human relations and communication where they are assertive and not afraid to speak out - often highly articulate.

5-5 energy is very ethereal by nature and it needs to be embodied as fully as possible to make it impact on the density of the everyday world.

Attributes working in the positive

Pioneering	Intuitive	Spiritually open	Adventurous
Balanced Assertiveness	Highly Articulate	Visionary	Creative

Potential negative attributes

Right foot issues (either extreme of scared to step forward or recklessness / daredevil)	Ethereal in an ungrounded sense	Difficulty fitting in
Need to learn to speak up (quality is speech - throat chakra issues)	Victim of abuse	Manipulative (misuse of intuition)
Risk adverse and overly mental approach	Holds back in life	Highly sensitive


These energies are of a high spiritual vibration with a changeling, otherworldly and even angelic quality. There is also a pioneering quality.

Usually those with 5-5s even in Worldly Talents and Goals fare best in the therapies, arts, music (singing) or teaching. Indeed, the major Goal for the 5-5s is to use their gift of speech and/or intuition and ability to communicate in some kind of inspired vocal or teaching role.

Although there are some with 5-5s in the corporate world or in business (they can, for example, be very gifted sales people and masterful at pitching and presenting) this usually works best when there is a pioneering aspect to the work or if they are allowed the opportunity to take a more left field or visionary approach. For example, they could thrive by starting a new project in a new region or when there is something new or inspiring about the project. They will usually be best placed when bringing through an inspiring approach and utilising their assertive and pioneering qualities through presenting strategies, fostering flexibility or facilitating training. Great intuition and an ability to communicate should always be capitalised on.

These energies really come into their own when used creatively, spiritually or in service so those with 5-5s as a Spiritual Talent will be competent at tuning into and channelling the wisdom of their soul. Great, inspired knowledge can be accessed for healing and spiritual teaching work. As a Spiritual Goal there is a teaching orientation indicated and they may even have the potential to become a truly profound spiritual teacher to the teachers and come to rest easy being 'both of and yet not of this world'.

When balanced those with the 5-5 energies are forthright in expressing their feelings. This ability is a key component within good relationships. They also embody a beautiful, inspiring, angelic quality and are constantly remoulding and showing new aspects and hidden depths of themselves. When the energies are not balanced or worked through they are more likely to be under assertive. Unfortunately, this behaviour can hook in to bullying or abusive qualities if latent within the other. Either that or they themselves become unnecessarily defensive, passive aggressive or even manipulative.

Spiritual Challenges 9-9 	Hebrew Letter: Tet	Quality: Hearing
	Celestial Body: Leo	Note: This is a double number and expressed as a pair 9-9 (also paired with 18 to form 18-9).
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Potential negative attributes

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See Page 11 for advice on overcoming 9-9 challenges

Spiritual Talent

10-1



Hebrew Letter: Yod

Celestial Body: Virgo

Body gate/organ: Left hand

Quality: Work

This is a combination number and always paired with 1 to form 10-1 (see also 1. Unity)

These are the highest vibrational energies, containing earthly and cosmic, yin–yang balance of the male and female aspects of divinity. Although it Combines the highest frequencies of Divinity with pure spiritual power, it also conveys a sense of humility and selflessness.

This is primarily a service energy that enables a direct connection to the Divine. It is that connection that also allows an open intuitive channel. As a result, there is a knowingness embodied in the 10-1 individual.

In Gematria, 10 indicates completeness. It is the number of latent potential and contains the sum of all that is. This can indicate a Goal to become complete, an ability to be complete in some aspect such as service or sometimes in Challenge a 'complete' denial of the whole notion!

Someone with a number of 10-1s in their plan who is fully embodying this energy would be a high soul carrying out an incarnation of pure service. They may also be ready to step off the incarnation cycle.

Attributes working in the positive

Yin Yang - Male / Female Balance	Excellent healers	Inventive Power	Many spiritual abilities
Vocal expression	Channel	Possible service incarnation	

Potential negative attributes

Denial of spirituality	Severely critical	Self-loathing	Perfectionist
Must work to establish self in the spiritual		Feel alienated	Insecure

These are the highest vibrational energies available as they contain the earthly and cosmic, yin–yang balance of the male and female aspects of divinity. Divine energies, combined with the pure spiritual power of the 1s, is a blending of the highest frequencies. Yet also implies a humility and selflessness.

Those who hold this energy as a Worldly Talent make excellent healers, creatives and inventors and have abilities in the spiritual area. They also have a gift of vocal expression in a 'clear channel' sense. This is primarily a service energy that allows those who embody it to have a direct connection to the Divine. It is that connection that also allows an open channel to intuition. As a result, there is a knowingness embodied in the 10-1 individual.

In Worldly Talents everything is available yet they must be directly of service to flourish and their essential sustaining nourishment comes through helping others. Once they commit to their service capacity the means and direction will manifest. To assist them further is a core balance, direct intuition, stability and a direct connection to the Divine. Those who hold the energy in the Spiritual aspect may also find the physical world hard to get used to unless they hold an earthy Worldly Talent. Their abilities are similar to those with the Worldly Talents yet they will need to activate the connection. However, when this is embodied they have many abilities and great potential in the spiritual area and make excellent healers. They also have great stability and an ability to completely connect with the soul and focus tremendous inner power to be used in service.

All they experience in the early part of life, to some extent, is training and database building for the direction their service will take. Thus some holding Worldly 10-1 Goal will use whatever energy they have in Talents to initially create a platform for later work. For example many with the 10-1 in Goals with a Talent for finance or business will establish a very successful business in the first part or half of their life.

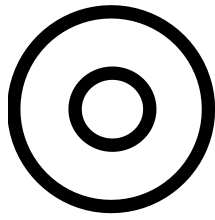
Later, they may use their learned and earned resources in a more direct service role (e.g. funding a charity or foundation or diverting their business focus into something with a more directly service nature). The same might be true of someone with a Goal 10-1 who had unusual acting, sports or musical Talent and therefore found early success through one of these mediums. Later, they might use the platform to bring through a more spiritual message or help others in some way.

For some with 10-1 in the Worldly aspects, however, the initial phases of life are far more intangible and confusing. They will not have any clear interim vocation and can get very lost for a time. They find themselves in the curious position of not having a goal or any strong motivation for a career. They may move from job to job or even spend some time on the periphery of society. Eventually though, when the full force of the 10-1 energy begins to kick in, it is almost as if there is no choice. A service path defines itself and they will use the wisdom of their experiences and connection in some role that enables them to share spiritual energy in society.

10-1s can be very compassionate and understanding, good for long-term development of relationships. They can bring a lot of healing to the relationship. With a 10-1 involved there may also be a possibility for realising the sacred aspects within relationships (this can, also, occur with any combination of energies).

Spiritual Goals

15-6



Hebrew Letter: Samekh

Quality: Sleep

Celestial Body: Sagittarius

Note: This is a combination number and always paired with 6 to form 15-6

Body gate/organ: Stomach

These energies help support and protect; giving the support to take risks and spiral forward and grow. The growth is balanced and harmonious since this energy helps with being centred. It is integrated and balanced in relation to the whole. It symbolises equilibrium and acceptance of the Divine within. 15-6 confers the ability to deeply connect with ones inner being and soul. Although ultimately a spiritual ability it has practical uses.

In the Worldly positions these are highly intuitive and spiritual qualities providing the skill of intuition and gut instinct or perhaps help to create inspired visionaries. These are often gutsy people with fire and an optimistic presence - accompanied by an 'anything can be achieved' attitude. Positively embodied, this energy confers an inner certainty and intuitive approach, resulting from being in touch with one's inner centre.

Regardless of being accessed as an activated Talent, an achieved Goal or worked through Challenge, it often indicates a wise soul. This energy will be easier to access in times of patience. When they come into stillness and centre themselves they connect to the greater whole, tapping into soul wisdom and soul-inspired creativity.

Attributes working in the positive

Optimistic	Scrupulous	Channel	Gut Instinct (stomach)
Can connect with the intuitive wisdom of Soul			

Potential negative attributes

Going round in circles	Insecurity	Over research plans	Fear of Unknown
Stomach issues (must trust their gut)	Sleep Problems	Buries head in the sand	Involved in too many things
Sleep problems can be an issue	Escapism	In denial when a situation is not working	

This energy will be easier to access in times of patience, a quality which they would be wise to acquire or develop further. For when they come into stillness and centre themselves they connect to the greater whole, thereby tapping into soul wisdom and soul-inspired creativity. The 6 is the energy of creativity and ideas and this also allows them the single-pointed focus. The 6s are also associated with light and luminosity and will illuminate, expand and so open the mind to the soul. Become aware of yourself as a conscious co-creator. For those more spiritually inclined this is about accessing the creative unconscious and soul knowledge.

In a Goal position you may need to learn to connect with a latent inner sense of faith and security to allow some intuitive backed risks where you can act on gut instinct. Once you become more secure in this ability your sense of timing will develop. This can then become a tremendous asset in business and expansion. 15-6 energy used in the Worldly aspect can help companies grow. Although, as part of the learning process, you may first need to learn to bring your energies into focus and stop spreading yourself too thin. Over researching things too much may cause you to miss opportunities. You must risk stepping forward. With creative projects or in business your Goal is to flow through and become one with your creative nature. Manifest and develop your ideas rather than jumping from one to the next to avoid going round in circles.

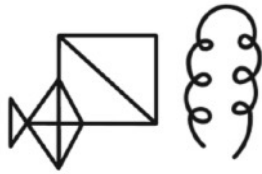
As a Goal, you may well have already gone full circle ending up at the beginning a few times. Your Goal then is first to learn to bring your energies into focus and stop spreading yourself too thin. If you over research things too deeply before taking the plunge, opportunities slip by or that initial enthusiasm peters out. Remember all the best projects started off as just ideas. 'Where there is a will there is a way' but you must risk stepping forward. With creative projects or in business your Goal is to flow through and become one with your creative nature. It is to manifest your ideas rather than jumping from one to the next as this only leads back to the start.

When embodied 15-6s commit to a relationship it is usually wholeheartedly and they are very passionate and enthusiastic partners. They tend to value the virtues of whomever they have 'chosen' and love them deeply from their soul.

NOTE: When not in balance 15-6s can be very prone to stress and ungrounded with constant thoughts circulating in their head. Their energy too can get very scattered and this could affect vitality and make extra demands on the organs and adrenal system. This energy is associated with the stomach and sleep. Problems with the former are a manifestation of the tendency to be unclear in how to deal with body sensations and not trusting (decoding) and acting on their gut reactions. This internal chaos can come out in the form of stomach ulcers, acid indigestion and a general imbalance of acid/alkaline.

Soul Destiny

11- 2



Hebrew Letter: Kef

Polarity: Life / Death

Celestial Body: Venus

Note: This is a combination number and always paired with 2 to form 11-2.

Body gate/organ: Left Eye

People embodying the 11-2 energies are usually highly intelligent, have a logical mind, and are capable of getting straight to the core of a matter. Their analytical mind can navigate and understand structures related to building, architecture, engineering, design or otherwise systems such as computers.

This is a down-to-earth energy that allows them to be practical people who can actualise and implement ideas. When they implement other people's ideas they will often add some improvement, upgrade or find a more efficient or at least unique way of working.

They are Adaptable and when fully embodied they are resilient in times of apparent failure - taking such events in their stride in a spirit of research. Mistakes are seen as learning opportunities and a chance to see things from another perspective, which can lead to innovation.

The 11 is always paired with the energies of the 2, which are the energies of perception, wisdom and objectivity. This allows them to symbolically see things from many angles.

Potential Attributes

Highly intelligent	Adaptability	Assimilates concepts	Logical / analytical mind
Expanders, builders & Philosophers	Supportive	Can see the core of an issue	Sees Truth
Emotional Resiliency			

Potential negative attributes

Notable ups and downs of mood	Avoiding goals	Dealing with Loss	Dependency on others
Can take on other people's issues	Learning Difficulties	Lack of resilience	Experiencing Polarity of Life to death
Must learn to see things realistically (left eye issues)		Depression	

In the process of potential manifestation from spirit a structure is set in place to allow the creation to flow.

This energy, with its expansive nature and practical application is among the more earthy energies. The letter Kaf has also been assigned the polarity in duality of life/death. The 11 is always paired with the energies of the 2, which are the energies of perception, wisdom and objectivity. This allows them to symbolically see things from many angles and can build and reconstruct original themes, and often bring something new and improved in the process.

Spiritually, they are expanders and philosophers who can channel high levels of truth. As they assimilate spiritual philosophies or systems or learn healing techniques, they can share new levels of information beyond the original information presented to them. However, before they can really expand into the Spiritual they usually need to accomplish themselves in the Worldly aspect first in order to build a strong mental body (mind).

This energy can also work very well in counselling roles. Within a group or one-to-one setting they can provide a lovely harmonious aura that other people can enter to feel support, safety and love. Along with this, they can also possess a level of emotional resiliency that can benefit and support others. The resilience of the 2 energy provides the supportive aura to help those who are dealing with difficult issues. The 11 allows them to impart the structure and understanding to facilitate others to move on.

The 11-2s are often physically sensitive and most must look after balancing these sensitivities and their overall constitution.

When turned around or already working in the positive the level of support, nurture and love an 11-2 person is capable of putting into a relationship knows no bounds. Their partner will feel deeply understood and when this is reciprocated they both can experience profound levels of intimacy.

To fully embody the 11-2 energy is to have gained resilience and structure in life. You will have come to understand how things work on the Earth and in society. You will also have gained a wisdom and understanding of people, emotions and hold a spiritual perspective. Notably you will demonstrate a high level of acceptance of life events. Although a warm and loving person you will yet incorporate a philosophical view of the impermanence of people and objects.

It is likely that you will express a high level of truth and integrity, radiating an aura of resilience and comfort to those whose lives you touch. The transcendent understanding of 11-2s has, confers quite logical flavour: all that is perceived is constructed and perceived by that which perceives. All that is perceived is that which perceives.

Soul Message:

Take some time to relax and then repeat three times or simply contemplate.

Serve and you will be served for you now have power, protection and love. Trust your connection for it will take you to your true home. You are now one with the same force that brought you into creation! Express highest truth for you are a living embodiment of your very essence.

Healing Affirmations:

Memorise and repeat often:

I now step forth and express my spirit through thought, speech and action.

I open my mind to the wonders of creation. I open my mind to its innermost light. The days of hesitation are over. I am free to move forward.

Other Resources: Overcoming 9-9 Challenges.

This Challenge can be tough and may require counselling and healing. However you would be wise to avoid guru-type therapists and even religious gurus (9-9s tend to give their power and energy away). Try to develop your own discernment. To really access the power of the 9-9s, you usually need to connect with your spiritual nature and find a way to be of service to others. Various spiritual practices that might help, include martial arts, chi kung, meditation and yoga, which all have the potential to connect and wire up that powerful energetic flow.

Conflict resolution training (or information from books) will help develop the 'peacemaker' aspects of this energy. In terms of claiming your power, assertiveness training or books on this subject can be helpful too.









If there has been a conscious disempowerment (and/or abuse) counselling and healing may be required. Alongside (or as part of this) some work on anger management may also be indicated as there can be much inner frustration and underlying feelings of resentment, which sometimes manifests as self-abuse or outer destructiveness.

The aim of therapy would be to assist the 9-9s to trust their inner wisdom. However, since many 9-9s are attracted to advisors, psychics, gurus or counsellors/psychotherapists, they tend attract those who tell them what they should do in a disempowering manner.

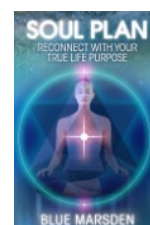
Any mentor, therefore, will ideally mainly support, listen and help them reveal their own conclusions. They have their own connection and intuitive channel so 'asking' can be a way of giving away their power. The dilemma is that there is often much requirement for healing and support. So, find a therapist awake enough to provide structure and guidance when needed, and not when you should be trusting your own inner guidance.

Chakra balance/clearing and healing work can all help unblock the channels to allow powerful spiritual connection to flow. 9-9s in challenge are also prone to give away power to various energetic phenomena or superimpositions. So claiming back their sovereignty and power in declarations could be helpful.

BACH FLOWER REMEDY SUGGESTIONS:

-  **Star of Bethlehem** for neutralising past traumas, abuse and disempowerment or releasing cell memory.
-  **Walnut** for a sense of protection while engaging in spiritual work.
-  **Vine** for issues with power.
-  **Chicory** to help overcome being self-centred.
-  **Chestnut Bud** to help you move forward by learning from past experiences.
-  **Holly** for anger management.
-  **Mimulus** for dispelling fears.
-  **Larch** for confidence.

REMEMBER USING YOUR TALENTS WILL HELP YOU OVERCOME YOUR CHALLENGES AND REACH YOUR GOALS!



Soul Purpose Summary:

You are by nature a builder so you must lay the foundations. Pursue any goals that leave a lasting impact for others and develop your own emotional resilience. If you have experienced mistakes and losses in your life with hindsight you will see this has helped you develop a deep level of acceptance. Through wisdom gained and acceptance of the ever changing nature of existence you gain a high degree of equanimity. As you continue to build structure in your own life, you may simultaneously serve as the wise and emotionally resilient guide to others who also seek truth and structure in their lives.

The Soul Plan Reading can be derived from the Sound Vibration of your original name. This produces a set of frequencies, which are placed around the Star of David in various positions. Each position has a special significance although in a shorter reading we can only focus on a general interpretation.

The downward triangle relates to the physical/ worldly existence - usually predominant in approximately the first 35 years of life. The upward triangle relates to the spiritual aspect of life.

It is usually more easy to access the potential attributes of a worldly talent or once on a spiritual path a spiritual talent. These talents should be used to help you overcome your challenges and reach your goals. Working with a spiritual counsellor is also highly recommended to those wishing to align with their Soul Plan and purpose.

The birth name constitutes your dominant vibration. This remains as the major influence throughout your life. However the name you now use is also of major significance. We call this your overlay name. This contains a vibration which is layered over the original and can create quite a significant impact. Determining the effect of this will require a separate reading and different method of interpretation.

In a standard full reading of an hour or more we offer a specific interpretation relevant to each position on the star. We will also reveal other aspects such as health considerations where relevant. To get the full healing benefit of a Soul Plan Reading therefore we recommend booking yourself a full one hour session with a Soul Plan Practitioner.

You may also learn in much more depth about your own Soul Plan and also how to read the Soul Plan for others by attending the training course at Holistic Healing College. For more details on the Soul Plan Reading Practitioner training and the Spiritual Counselling Diploma visit www.healingcollege.co.uk.

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