

Progrish Snowboard Camps:

From beginner riders to park veterans, the Progrish Snowboard Camp has a program for you.

Progrish offers week long summer camps, as well as year round day camps anytime schools are not in session (excluding major holidays). Our camp packages are available for ages 6 and up, and feature the latest in training equipment and snowboard instructional techniques. The camps maintain a low coach-to-camper ratio ensuring high levels of safety, positive feedback and rapid skill progression. Sign up now to lock in your spot.

Activities:

Although campers will spend the majority of the time focused on improving their snowboard skills, many other activities help ensure each camp day is fun and exciting.

- **Enrichment activities:** Campers will enjoy specialized programs at Rockin and Jamin Climbing Gym, Extreme Challenge and Mid Air Adventures, as well as multiple outdoor activities and games.
- **Graphic Design:** Each summer camp package includes the opportunity to create and design custom graphics on either a skateboard or t-shirt. Other options include: custom stickers, hats, hoodies, etc.
- **Digital media:** Each camper will receive valuable experience and instruction with many forms of digital media, including: Digital video, photography, and editing. Summer campers will take home photos and a one of a kind video, documenting their Progrish experience. Throughout the camp week, coaches will use digital images and video of each camper to aid in the training process.
- **Camp Room:** Our camp rooms are stocked with challenging and entertaining activities, including ping pong, foosball, shuffle board, art supplies and board games.

8:00 - Arrive at Progrish and prepare for the day's activities. Campers can eat breakfast in the dining room or
9:00: enjoy games and videos in the camp room.

9:00 - Warm up in the cross training area. Progrish coaches lead an exciting training session, utilizing our cliff
9:30: drops, trampolines, mats, bars, foam pit, and balance boards.

9:30 - Synthetic snow and Mega-board instruction. Campers practice snowboard skills with expert guidance
11:30: from their coaches. Groups rotate between our various snowboard features, including: multiple rail/jib lines, quarter pipes, big air jumps with airbag landing and a simulated cliff drop with airbag landing.

11:30 - Eat lunch and relax. Meals can be brought from home or purchased from the Progrish Cafe
12:00:

12:00 - Rock climbing, zip lines, ropes course or outdoor activities
2:00:

2:00 - Flex time. Campers choose how they want to finish their day. Whether it's ping pong in the camp room,
3:00: skating, or strapping on a snowboard again, Progrish coaches will be present for advice and encouragement.

3:00: Parent pick-up, or continue training with extended care options.
