

Featured Product:

Lignan Works

Anti-oxidants are essential for health; protecting the body from damaging effects of free-radicals and boosting the immune system. Flax lignan, found in the fibre of the flaxseed, is one of the best sources of anti-oxidants and protects flax oil from going rancid in nature. These protective qualities may have various health benefits.

Lignan is an excellent source of fibre and may contribute to lower blood sugar and improve bowel motility. It contains prebiotics which also support a healthy digestive system. Lignan has been linked to positive effects on hormone balancing.

Lignan Works is a single-ingredient supplement that delivers the power of flaxseed lignan in a simple, whole-food format. Lignan Works may be beneficial for pets experiencing immune system imbalances, digestive issues, hormonal imbalances or as part of a healthy pet's rotation of supplements.

What Are Prebiotics?

Prebiotics are indigestible fibres that feed probiotics (good bacteria) in the digestive tract. Supporting healthy gut bacteria may result in improved digestion and strengthened immune system. Lignan Works is an excellent source of prebiotics.



Features:

- Organic and non-GMO
- Flaxseed is grown and processed in Saskatchewan
- Made in an organic, human-food facility
- Excellent source of anti-oxidants and prebiotics
- No preservatives
- Whole food product
- Single ingredient
- Anti-viral, anti-bacterial and anti-fungal properties

Does Your Dog Wet the Bed?

This can be a very troubling situation for too many pet parents—when a beloved pet has urinary incontinence, this can put strain on family relationships.

Estrogen-responsive urinary incontinence may respond very well to regular use of Lignan Works. Hormones play an important role in a healthy body. Lignan Works uses the power of nature to support pet health.

*“Let food be thy medicine
and medicine be thy food.”
~ Hippocrates*

Want to Learn More?

<http://flaxcouncil.ca/>

http://www.caninesports.com/uploads/1/5/3/1/15319800/spay_neuter_considerations_2013.pdf



Proudly
Grown &
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Canada

Balancing Hormones—Naturally

Interesting information on spaying and neutering has been presented by Dr. Christine Zink. In her paper, Early Spay-Neuter Considerations for the Canine Athlete: One Veterinarian's Opinion, Dr. Zink comments: “I have gathered these studies to show that the practice of routinely spaying or neutering every dog at or before the age of 6 months is not a black-and-white issue. Clearly more studies need to be undertaken to evaluate the effects of prepubertal spaying and neutering, particularly in canine athletes. After examining the risks and benefits, I have significant concerns with removal of the gonads in both males and females. It is clear that the gonads are not just important for reproduction, but play a critical role in growth, development and long-term health.”

This is a very sensitive topic and it is ideal for each person to research and make the decision that best fits their situation.

Concerns about the hormonal effects of early spay and neutering may be addressed by using Lignan Works. Flax lignan is a phytoestrogen, or plant fibre containing estrogen-like properties. Lignan Works releases biologically active and protective properties present in the flax hulls that may be beneficial for hormonal assistance for spayed/neutered pets.

Recipes:

#1 Lignan Gravy

5 TBsp chicken or beef broth
1 tsp Lignan Works

Mix Lignan Works into broth and let sit for 5 minutes. It will form a paste that may be drizzled onto meals or frozen into ice cube treats.

#2 Veggie Smoothie

4 cups mixed veggies (carrots, cucumber, broccoli, celery, kale, etc.)
2 cups chicken or beef broth
2 eggs (shell may be left intact)
4 TBsp Lignan Works

Combine all ingredients in blender until smooth. Makes a great addition to a meal or can be frozen into ice cube treats.