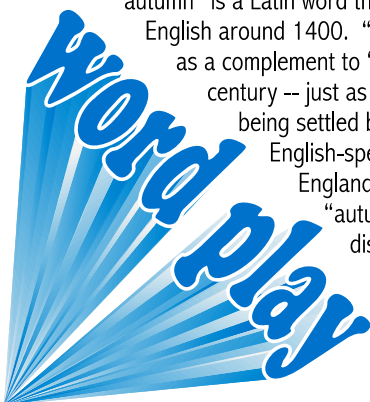
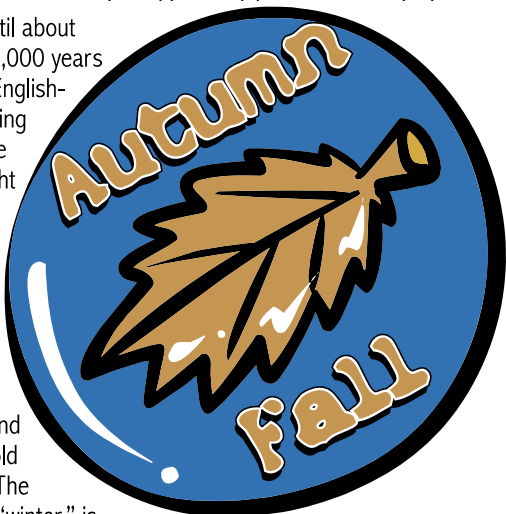




**Grace Community Schools**

USDA is an equal opportunity provider and employer.

Until about 1,000 years ago, English-speaking people thought of the year in two parts – the warm half and the cold half. The word “winter,” is 5,000 years old, and “summer” is a pretty old word, too. The word “spring” was in general use by the 1400’s, and “autumn” is a Latin word that also entered English around 1400. “Fall” came into use as a complement to “spring” in the 17th century -- just as North America was being settled by the British. The English-speaking people in England mostly stuck with “autumn” while their distant cousins preferred “fall.” And that’s why, to this day, this is the only season we have two words for!



**Monday, November 6 Tuesday, November 7**

**Breakfast**  
Biscuit, Grapes & Milk  
**Lunch**  
Hot Dog, Pears, Corn, Refried Beans, & Milk  
**Snack**  
Cheetos & Juice

**Breakfast**  
French Toast Sticks, Banana & Milk  
**Lunch**  
Turkey & Cheese Sandwich., Cheese Stick, Peaches, Sw. Potato Fries, Salad, and Milk  
**Snack**  
Pretzels & Juice

**Monday, Nov. 13 Tuesday, Nov. 14**

**Breakfast**  
Bagel  
Pears & Milk  
**Lunch**  
Cheese Pizza, Salad, Grapes, and Corn with Milk  
**Snack**  
Snack Mix & Juice

**Breakfast**  
Cereal Apple Slices & Milk  
**Lunch**  
Sloppy Joe Sandwich, Mandarin Oranges, Salad & Sw. Potato Fries  
**Snack**  
Yogurt and Banana w/ Water

**Monday, Nov. 20 Tuesday, Nov. 21**

**Breakfast**  
Biscuit, Grapes & Milk  
**Lunch**  
Hot Dog, Pears, Corn, Refried Beans, & Milk  
**Snack**  
Cheetos & Juice

**Breakfast**  
French Toast Sticks, Banana & Milk  
**Lunch**  
Turkey & Cheese Sandwich., Cheese Stick, Peaches, Sw. Potato Fries, Salad, and Milk  
**Snack**  
Pretzels & Juice

**Monday, Nov. 27 Tuesday, Nov. 28**

**Breakfast**  
Bagel  
Pears & Milk  
**Lunch**  
Cheese Pizza, Salad, Grapes, and Corn with Milk  
**Snack**  
Snack Mix & Juice

**Breakfast**  
Cereal Apple Slices & Milk  
**Lunch**  
Sloppy Joe Sandwich, Mandarin Oranges, Salad & Sw. Potato Fries  
**Snack**  
Yogurt and Banana w/ Water

**Wednesday, November 1 Thursday, November 2 Friday, November 3**

**Breakfast**  
Blueberry Muffin  
Fruit Cocktail & Milk  
**Lunch**  
Chicken Sandwich, Applesauce, Broccoli, Tater Tots & Milk  
**Snack**  
Sun Chips and Juice

**Breakfast**  
Cereal Peaches & Milk  
**Lunch**  
Macaroni & Cheese, Toast, Tomatoes, Carrot  
Banana & Milk  
**Snack**  
1/2 Bagel and Juice

**Breakfast**  
Waffle  
Banana & Milk  
**Lunch**  
Tacos, Peaches, Onion, Black Beans and Milk  
**Snack**  
Goldfish & Juice

**Wednesday, Nov. 8 Thursday, Nov. 9 Friday, Nov. 10**

**Breakfast**  
Cereal Juice & Milk  
**Lunch**  
Chicken Nuggets, Broccoli, Applesauce, Tater Tots, & Milk  
**Snack**  
Tostitos w/ Cheese & Water

**Breakfast**  
Cereal, Fruit Cocktail & Milk  
**Lunch**  
Spaghetti, Roll, Fruit Cocktail, Carrots, Green Peas  
**Snack**  
Cheese Stick & Juice

**Breakfast**  
Pancakes Pears & Milk  
**Lunch**  
Bologna & Cheese Sandwich, Banana, Carrot, Green Peas, and Milk  
**Snack**  
Cheesy Popcorn & Juice

**Wednesday, Nov. 15 Thursday, Nov. 16 Friday, Nov. 17**

**Breakfast**  
Blueberry Muffin, Fruit Cocktail  
Juice & Milk  
**Lunch**  
Chicken Sandwich, Applesauce, Broccoli, Tater Tots & Milk  
**Snack**  
Graham Crackers & Juice

**Breakfast**  
Cereal, Granola Bar, Peaches & Milk  
**Lunch**  
Macaroni & Cheese and Toast, Banana, Carrot, Green Peas, and Milk  
**Snack**  
Bagel & Juice

**Breakfast**  
Waffle  
Banana, & Milk  
**Lunch**  
Tacos, Peaches, Onion, Black Beans and Milk  
**Snack**  
Cookies & Milk

**Wednesday, Nov. 22 Thursday, Nov. 23 Friday, Nov. 24**

**Breakfast**  
Cereal Juice & Milk  
**Lunch**  
Chicken Nuggets, Broccoli, Applesauce, Tater Tots, & Milk  
**Snack**  
Tostitos w/ Cheese & Water



**Wednesday, Nov. 29 Thursday, Nov. 30**

**Breakfast**  
Blueberry Muffin  
Fruit Cocktail & Milk  
**Lunch**  
Chicken Sandwich, Applesauce, Broccoli, Tater Tots & Milk  
**Snack**  
Sun Chips and Juice

**Breakfast**  
Donut, Fruit Cocktail & Milk  
**Lunch**  
Spaghetti, Roll, Fruit Cocktail, Carrots, Green Peas, & Milk  
**Snack**  
Cookies & Juice