

MARCH

Grace Community Schools

This institution is an equal opportunity provider. Menus are subject to change.

SQUEEZED FOR TIME?

Up to 30% of kids skip breakfast every school day. Even if your mornings are frantic, you'll feel better all day and do better in school, too, if you've had a balanced, nutritious breakfast!



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!



NUTRITION TO GO

Stew is any combination of food cooked slowly in simmering liquid. Stew was one of the first forms of cooked food – stew recipes are found in the oldest existing “cookbook.” Stew smells amazing when it’s slow-cooking, and eating a bowl of hot stew warms us up on a raw and blustery late winter or early spring day, too!



A TASTY MORSEL FOR PARENTS

Monday, March 5		Tuesday, March 6		Wednesday, March 7		Thursday, March 8		Friday, March 9	
Breakfast Biscuit, Grapes & Milk Lunch Hot Dog, Pears, Corn, Refried Beans, & Milk Snack Cheetos & Juice		Breakfast French Toast Sticks, Banana & Milk Lunch Turkey & Cheese Sandwich, Cheese Stick, Peaches, Sw. Potato Fries, Salad, and Milk Snack Pretzels & Juice		Breakfast Cereal Juice & Milk Lunch Chicken Nuggets, Broccoli, Applesauce, Tater Tots, & Milk Snack Tostitos w/ Cheese & Water		Breakfast Cereal, Fruit Cocktail & Milk Lunch Spaghetti, Roll, Fruit Cocktail, Carrots, Green Peas Snack Cheese Stick & Juice		Breakfast Pancakes Pears & Milk Lunch Bologna & Cheese Sandwich, Banana, Carrot, Green Peas, and Milk Snack Cheesy Popcorn & Juice	
Monday, March 12		Tuesday, March 13		Wednesday, March 14		Thursday, March 15		Friday, March 16	
Breakfast Bagel Pears & Milk Lunch Cheese Pizza, Salad, Grapes, and Corn with Milk Snack Snack Mix & Juice		Breakfast Cereal Apple Slices & Milk Lunch Sloppy Joe Sandwich, Mandarin Oranges, Salad & Sw. Potato Fries Snack Yogurt and Banana w/ Water		Breakfast Blueberry Muffin Fruit Cocktail & Milk Lunch Chicken Sandwich, Applesauce, Broccoli, Tater Tots & Milk Snack Sun Chips and Juice		Breakfast Cereal Peaches & Milk Lunch Macaroni & Cheese, Toast, Tomatoes, Carrot Banana & Milk Snack 1/2 Bagel and Juice		Breakfast Waffle Banana & Milk Lunch Tacos, Peaches, Onion, Black Beans and Milk Snack Goldfish & Juice	
Monday, March 19		Tuesday, March 20		Wednesday, March 21		Thursday, March 22		Friday, March 23	
Breakfast Biscuit, Grapes & Milk Lunch Hot Dog, Pears, Corn, Refried Beans, & Milk Snack Cheetos & Juice		Breakfast French Toast Sticks, Banana & Milk Lunch Turkey & Cheese Sandwich, Cheese Stick, Peaches, Sw. Potato Fries, Salad, and Milk Snack Pretzels & Juice		Breakfast Cereal Juice & Milk Lunch Chicken Nuggets, Broccoli, Applesauce, Tater Tots, & Milk Snack Tostitos w/ Cheese & Water		Breakfast Cereal, Fruit Cocktail & Milk Lunch Spaghetti, Roll, Fruit Cocktail, Carrots, Green Peas Snack Cheese Stick & Juice		Breakfast Pancakes Pears & Milk Lunch Bologna & Cheese Sandwich, Banana, Carrot, Green Peas, and Milk Snack Cheesy Popcorn & Juice	
Monday, March 26		Tuesday, March 27		Wednesday, March 28		Thursday, March 29		Friday, March 30	
Breakfast Bagel Pears & Milk Lunch Cheese Pizza, Salad, Grapes, and Corn with Milk Snack Snack Mix & Juice		Breakfast Cereal Apple Slices & Milk Lunch Sloppy Joe Sandwich, Mandarin Oranges, Salad & Sw. Potato Fries Snack Yogurt and Banana w/ Water		Breakfast Blueberry Muffin Fruit Cocktail & Milk Lunch Chicken Sandwich, Applesauce, Broccoli, Tater Tots & Milk Snack Sun Chips and Juice		Breakfast Cereal Peaches & Milk Lunch Macaroni & Cheese, Toast, Tomatoes, Carrot Banana & Milk Snack 1/2 Bagel and Juice		Happy Easter Good Friday No School	

Thursday, March 1	Friday, March 2
Breakfast Cereal Peaches & Milk Lunch Macaroni & Cheese, Toast, Tomatoes, Carrot Banana & Milk Snack 1/2 Bagel and Juice	Breakfast Waffle Banana & Milk Lunch Tacos, Peaches, Onion, Black Beans and Milk Snack Goldfish & Juice