



## Bed-Bugs.co.uk

Useful information and professional treatment solutions.

### Spread the word not the bed bugs

Incidences of bed bugs in London and the UK continue to increase month on month with some areas reporting as much as a 900% increase in the last 12 months. With 60% of the people bitten by bed bugs showing no initial signs of having been exposed early detection is essential to avoiding a major infestation.

Responding to bites is not the best way to determine if you have been exposed to bed bugs, inspection, early detection and rapid treatment is the only solution. Once a month spend 10 minutes inspecting for the signs around your sleeping area. The signs to check for are:

- Blood spots on your sheets and bed linen
- Bed bugs hiding in nooks, crannies and crevices
- Black circles caused by the remains of blood meals

Two adult bed bugs are shown side-by-side against a light background. They are reddish-brown, oval-shaped insects with a segmented body and six legs.	<p>Adult bed bugs can be seen around the bed; they are 3-5mm in length and look like a flat ladybird with an armour shell.</p> <p>They hide extremely well are not the best early indication of an infestation. Check for the other physical signs below.</p>
A close-up photograph showing several bed bugs in a dark, narrow crevice or hole. The bugs are clustered together, and some are partially obscured by the surrounding material. The URL 'www.Bed-Bugs.co.uk' is visible at the bottom.	<p>Blood spots left by bed bugs close to the areas that they rest and digest their food. The extent of the blood spots is a good indication of the duration of the infestation.</p> <p>These signs are often found on the bed themselves but they can also nest a significant distance away from the sleeping areas.</p>
A close-up photograph of a white skirting board. There are several dark, irregular stains and spots on the surface, which are blood spots left by bed bugs. The URL 'www.Bed-Bugs.co.uk' is visible at the bottom.	<p>Close up showing blood spots found behind a bed on the skirting board. The signs are often referred to as like marks made by a black felt tip pen. They will smear if wiped away with a damp cloth or cotton bud.</p> <p>Dealing only with bed bugs we can tell a lot from these signs so once identified they should be left in place until treatment.</p>

Bed-bugs.co.uk offers a range of services to help you avoid infestations and treat them if necessary.

To discuss any issues in confidence visit our website or call 020 7720 6468.