

Below, are the notes from what our participants believed to be the most important desired outcomes of each domain in an organized list of categories.

Social

Themes: Senior activities/recreation, resource center/support/inclusiveness/education for seniors/volunteer

- senior center with transportation, meals, activities, support groups
- senior center art classes dance classes movement classes senior information center
- senior recreation center
- senior activities club
- activities that engage seniors for greater socialization
- outdoor events for seniors in the summer
- library programs
- older adult social events for meeting new people
- meet ups for active seniors
- recreation centers for seniors
- meeting place - central - city facility
- senior citizen center that would offer a variety of services, programs, resources
- finding resources
- neighborhood support/HOA or volunteer in small community groups
- intergenerational community events

- feeling needed
- measures to prevent isolation
- social interaction with support services
- support from neighbors
- community events
- bringing arts to elders and elders to the arts
- neighborhood support
- HOA or volunteer leader in small community groups
- senior website listing all social organizations in the city
- senior recreation center - health wellness creativity community participation
- organize bus trips - local and long distance
- neighborhood events
- identify needs and wants of the community
- intergenerational volunteer opportunities
- volunteering
- volunteer opportunities organized leadership to volunteer for city
- posting of volunteer opportunities with necessary skills - time commitment
- technology classes for connecting with friends and family
- education classes

Housing

Themes: city policies /resources/maintenance/affordable housing/housing design/alternative housing options/downsizing

- city designates senior areas for building and development

- review of current city codes to open pathways to additional housing options
- affordable housing subsidies for seniors
- waiving of permits for seniors to remodel to age in place
- incentives for downsizing - homestead act tax relief goes away if move
- house assessment form for families to use for elder parents
- community resources that support independence
- yard maintenance
- trusted help with homes, chores, maintenance
- list of neighborhood helpers for housing, maintenance, yard work, snow removal
- programs to teach and support retro-fitting homes for more seniors appropriate needs
- training on how to downsize - resources for where to donate - or how to sell stuff
- the mental adjustment to downsizing
- maintenance
- affordable housing
- affordable housing near senior centers
- affordable options - subsidized or tax credit options
- affordable senior housing communities
- affordable housing
- simplified independent housing
- housing type diversity - more patio, ranch. Low maintenance
- city working with developers for ranch style homes

- universal design or retro fit
- retro fit homes for seniors
- city programs that encourage ADUs
- creative co-housing solutions that help with finances and increase independence
- affordable senior homes to down size to
- groups homes where you buy in to a unit - like condos - you own a share
- universal access options for new and existing homes
- creative solutions that increase chances of aging in place
- co-housing
- ADU's
- home sharing

Transportation

Themes: Resources/education/transportation network companies/transportation options/seniors giving up vehicles

- transportation guides
- education for families to support talking about giving up vehicle
- community support
- government sponsored
- training for seniors on giving up vehicles
- fear of safety on public transportation
- loss of independence
- comfort with using public transportation, Uber and Lyft
- continue Uber and Lyft education

- learning new options and trusting them
- information on how to get to specific activities
- learn Lyft and Uber
- helping seniors to give up driving
- transportation options once one can no longer driver
- free bus/van for high density areas - shopping, restaurants, etc.
- rides to dr. and other critical situations
- accessible car transportation - lower cost than Lyft and Uber possibly through city - phone scheduling
- supported door-through-door transportation
- weekend transportation to places of worship
- group transportation options
- group travel coordinated to local events
- last mile transportation to/from RTD
- public support for private transportation options - e.g. Go Centennial for seniors
- affordable senior transportation options
- reduce cost door-to-door transportation
- ride sharing
- better access to transit
- better public transportation options
- volunteer drivers who are insured and background checked
- public/private transit initiatives
- telephone option for Uber and Lyft

- ride sharing, driver sharing- Uber/Lyft
- volunteer driving programs
- accessible vehicle options (innovAge)
- feel comfortable with Uber and Lyft

Caregiving

Themes: Resources/education/caregiver support/home maintenance

- community resources that identify services available
- resources for caregiving
- respite care for caregivers - funding support
- city run organization to help seniors
- financial resources
- specific information for caregivers on various health issues
- end of life planning assistance
- assisted living in home care
- financial resources
- medical health support
- caregiving options if you stay in your home as you age
- in place caregiving support - medical and respite
- assisted living in home care
- in home care relief for caregivers
- balancing responsibilities
- support for caregivers
- delivery for groceries or prepped cooking
- educational resources for caregivers

- help for caregivers
- support group for caregivers
- identifying those that need help - caseworkers -community support
- assisted living care at facilities
- caregiver compensation
- respite - resources to help caregivers
- senior activities club
- no immediate family close by
- social support for care partners
- senior acceptance of help
- caregiving person left when spouse/partner passes
- house maintenance -yardwork, snowplow/shoveling, minor repairs, house work, home-health needs
- house maintenance - changing lights, painting, laundry, taking out trash, groceries purchased and delivered
- house maintenance - home helpers, lawn, snow removal, cleaning
- home maintenance
- downsizing
- house retrofits
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